

Activities for Residents

Located in sunny California, the UC Irvine Medical Center not only affords residents with excellent clinical and research opportunities, but also unmatched views, exciting adventures, and fun, local haunts.

Outdoor Adventures

Interested in the outdoors? Surfing, beach days, kayaking, hiking, biking, climbing, and all kinds of other “it’s a beautiful day outside, let’s enjoy it” activities are just minutes away.



Day Trip Explorations

Enjoy discovering new cities? Surrounding Orange County is a bastion of engaging, quirky cities filled with an immense variety of restaurants, bars, museums, theaters, and musical venues.



Family Outings

Looking for fun excursions for the family? Amusement parks, leisure activities, and tons of kid-friendly attractions abound in Southern California.



Further Afield

A fan of national parks, forests, & deserts? California plays host to all these and more – boasting beautiful deserts, forests, lakes, and mountains throughout the state.

